Sikh Heritage Month

Educational resources
April 2023

Canadian Centre for Diversity and Inclusion
Centre canadien pour la diversité et l’inclusion

www.ccdi.ca
Educational resources on Sikh Heritage Month

Sikh Heritage Month is observed in Canada during the month of April to recognise, celebrate, and educate future generations about Sikh Canadians and the significant role they have played and continue to play in communities across Canada. Sikh Canadians celebrate Vaisakhi in this month, which commemorates the establishment of the Khalsa and the Sikh articles of faith.

Discover more about Sikh Heritage Month on the Sikh Heritage Month website, and explore the Sikh Heritage Museum of Canada’s events and exhibitions page to learn more about the Sikh community in Canada.

ARTICLES, REPORTS, AND TOOLS

Bilingual

- Sikhism in Canada / Sikhisme au Canada, Canadian Encyclopedia
- Sikhs in Canada / Sikhs au Canada, Sikh Heritage Museum of Canada
- The story of the Komagata Maru / L’histoire du Komagata Maru, The Canadian Museum for Human Rights
- Timeline of Sikhs in Canada / Chronologie des sikhs au Canada, Sikh Heritage Museum of Canada

English only

- About Sikhs, Sikh Coalition
- History and Stories, Khalsa Diwan Society Abbotsford
- Sikh Canadian History, Vancouver Asian Heritage Month Society
- Vaisakhi fact sheet (PDF), Tanenbaum

French only

- La portée religieuse de la fête Vaisakhi from La Source
- Les sikhs du Québec, Revue Relations, Centre justice et foi
BOOKS

CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.

Bilingual

- Can you Hear the Nightbird Call? / Entends-tu l'oiseau de nuit? (Anita Rau Badami)
- Milk and Honey / Lait et miel (Rupi Kaur)
- The Unlikely Adventures of the Shergill Sister / Les incroyables aventures des soeurs Shergill (Balli Kaur Jaswal)
- What the Body Remembers / La Mémoire du corps (Shauna Singh Baldwin)

English only

- An Uncommon Road (Gian Singh Sandhu)
- Keep Moving On: The Migration of a Punjabi-Sikh Family (Amrit Singh)
- See No Stranger: A memoir and manifesto of revolutionary love (Valerie Kaur)
- The Light We Give (Simran Jeet Singh)
- Sikh Heritage: A History of Valour and Devotion (Sondeep Shankar)
- The Sikh Heritage: Beyond Borders (Dalvir S. Pannu)
- The Singing Guru: Legends and Adventures of Guru Nanak, the First Sikh (Kamla K. Kapur)
- Understanding Sikhism (Michael Regan)

FILM AND TELEVISION

Please note: There may be a cost related to watching this content and CCDI is not responsible for those costs.

Bilingual

- Attwadi Kaun / Attwadi Kaun (FR) (Amazon Prime Video)
- Bend It Like Beckham / Joue-la comme Beckham (Disney +)
- Kesari / Kesari (FR) (Amazon Prime Video)

English only

- Amu (YouTube)
- Eh Janam Tumhare Lekhe (Amazon Prime Video)
- **Jagmeet Singh: The Colour of Politics** (CBC)
- **Learning to Drive** (YouTube)
- **My Turban and Me Documentary** (YouTube)
- **The Black Prince** (YouTube)
- **Under The Turban** (YouTube)

**French only**

- **Qu’est-ce que le Sikhisme? Qui sont les Sikhs?** (YouTube; includes English subtitles)

**PODCASTS**

- #AskCanadianSikhs
- Kaum Podcast
- The One with Shabd
- The Sikh Cast
- The Story Of The Sikhs

**INSTAGRAM ACCOUNTS**

CCDi is not responsible for the content posted by any of these accounts.

- @worldsikhorg
- @sikharchivescanada
- @sikhheritagemonth
- @artsikh
- @sikh.research.institute

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