



Islamophobia

**Educational resources
August 2024**



**Canadian Centre for Diversity and Inclusion
Centre canadien pour la diversité et l'inclusion**

www.ccdi.ca

Educational resources on Islamophobia

According to the Council of American-Islamic Relations (CAIR), Islamophobia is a close-minded and religious-based hatred, fear, or prejudice toward Islam and Muslims which results in discrimination, marginalization, or oppression. In [Canada's Anti-Racism Strategy](#), Islamophobia includes racism, stereotypes, fear, and/or acts of hostility directed towards Muslims. In addition, Islamophobia can unfairly lead to viewing and treating Muslims as a greater security threat on an institutional, systemic, and societal level.

One commonly seen form of Islamophobia is the depiction of Muslim stereotypes in the media. The [Riz Test](#) was named after actor/musician Riz Ahmed after he had spoken to the House of Commons in 2017 about Muslim representation in popular media. It lists criteria and raises questions about Muslim stereotypes, for example, how are they portrayed? Are they angry? Are they depicted as part of a terrorist organization? We invite you to utilize the Riz Test to evaluate some of the media provided in this guide, or any other media you encounter that includes Muslim characters and Islamic themes.

This guide provides resources to combat Islamophobia and showcase support and respect to Muslims living in Canada and in North America, as well as celebrating this belief and religion.



CCDI WEBINARS

The following webinars were delivered previously, and recorded versions can be accessed via CCDI's Knowledge Repository. If your organization is a [CCDI Employer Partner](#), you and your colleagues can visit the [Knowledge Repository portal](#) to register for access (using a work email address) and login credentials will be sent via e-mail (check Inbox and Junk Mail folder just in case).

Log into Knowledge Repository and click on the links below to view each webinar:

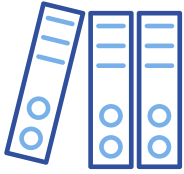
Bilingual

- [Diversity, equity, and inclusion – The fundamentals / La diversité, l'équité et l'inclusion - les principes fondamentaux](#) (2023)
- [Islamophobia: Removing systemic barriers faced by Muslim communities / L'islamophobie : Supprimer les obstacles systémiques auxquels sont confrontées les communautés musulmanes](#) (2023)
- [Religious holidays: A path to inclusion / Les fêtes religieuses : Une voie vers l'inclusion](#) (2023)

English only

- [Islamophobia: Removing systemic barriers faced by Muslim communities](#) (2023)
- [Islamophobia: Challenges and Opportunities in the Workplace](#) (2019)
- [How to Overcome Islamophobia In Your Workplace](#) (2019)
- [How to be an Ally: Islamophobia at the Intersection](#) (2017)
- [Religious Inclusion](#) (2019)

Please view a [schedule and descriptions of our upcoming webinars](#) to be delivered live (recorded versions will be accessible via CCDI's Knowledge Repository shortly thereafter). If your organization is a CCDI Employer Partner, you and your colleagues can register and attend for free. If your organization is not currently a CCDI Employer Partner and you are interested in joining, you can [learn more about partnership and submit an inquiry here](#).



ARTICLES, REPORTS, AND TOOLS

Bilingual

- [Combatting Hate: Islamophobia and its impact on Muslims in Canada / Combattre la haine : L'islamophobie et ses répercussions sur les musulmans au Canada](#), Senate of Canada
- [Combatting Islamophobia in Canada / La lutte contre l'islamophobie au Canada](#), Government of Canada
- [International Day to Combat Islamophobia / Journée internationale de lutte contre l'islamophobie](#), United Nations
- [Islamophobia / Islamophobie](#), Britannica
- [Islamophobia / Islamophobie](#), City of Toronto
- [Islamophobia at Work: Challenges and Opportunities / L'islamophobie au travail : défis et occasions](#), Canadian Labour Congress
- [Islamophobia in Canada / Islamophobie au Canada](#), The Canadian Encyclopedia
- [Islamophobia in Canada: Four mindsets indicate negativity is nationwide, most intense in Quebec \(PDF\) / L'islamophobie au Canada : quatre mentalités révèlent qu'une certaine négativité existe à l'échelle nationale et, dans une mesure plus importante, au Québec \(PDF\)](#), Angus Reid Institute

English only

- [Countering and Dismantling Islamophobia](#), Institute for Social Policy and Understanding
- [Countering Islamophobia](#), The Unitarian Universalist Service Committee
- [Expelling Islamophobia](#), Learning for Justice
- [Islamophobia in Canada](#), Our Colourful Voices
- [Islamophobia Research and Documentation Project](#), University of California, Berkeley
- [Islamophobia: Understanding Anti-Muslim Sentiment in the West](#), GALLUP
- [The Devastating Mental Health Effects of Islamophobia](#), TIME
- [Toolkit for Countering and Dismantling Islamophobia \(PDF\)](#), Institute for Social Policy and Understanding
- [What is Islamophobia and how to combat it](#), Inclusive Employers
- [What is Islamophobia?](#) BRIDGE Initiative



BOOKS

CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.

Bilingual

- A Very Large Expanse of Sea / Nos horizons infinis (Tahereh Mafi)
- Internment / Résistance (Samira Ahmed)
- Love from A to Z / L'amour de A à Z (S.K. Ali)
- Orientalism / L'orientalisme (Edward Said)

English only

- Being Muslim Today: Reclaiming the Faith from Orthodoxy and Islamophobia (Sadiq Qureshi)
- Covering Islam: How the Media and the Experts Determine How We See the Rest of the World (Edward Saïd)
- Gendered Islamophobia: My Journey with a Scar(f) (Monia Mazigh)
- Love, Hate and Other Filters (Samira Ahmed)
- Muslim Women, Social Movements, and the 'War on Terror' (Narzanin Massoumi)
- The Islamophobia Industry: How the Right Manufactures Hatred of Muslims (Nathan Lean)
- The Muslims are Coming! Islamophobia, Extremism, and the Domestic War on Terror (Arun Kundnani)
- What is Islamophobia? Racism, Social Movements and the State (Narzanin Massoumi)
- You Truly Assumed (Laila Sabreen)

French only

- Comme nous existons (Kaoutar Harchi)
- Islamophobie (Marwan Mohammed et Abdellali Hajjat)
- L'islam imaginaire : la construction médiatique de l'islamophobie (Thomas Deltombe)
- Our les musulmans (Edway Plenel)



FILM AND TELEVISION

Please note: There may be a cost related to watching this content and CCDI is not responsible for those costs.

Bilingual

- [Mo / Mo \(FR\)](#) (Netflix)
- [Soumaya](#) (YouTube; French with English subtitles)

English only

- [The Long Goodbye](#) (YouTube)
- [Hasan Minhaj: Homecoming King](#) (Netflix)
- [The Big Sick](#) (Netflix)
- [Flee](#) (Crave)



TED TALKS

Bilingual

- [Islamophobia Killed my brother. Let's end the hate / L'islamophobie a tué mon frère. Mettons un terme à la haine](#) (Suzanne Barakat; 2016)
- [What it's like to be Muslim in America / À quoi pensez-vous en me regardant ?](#) (Dalia Mogahed; 2016)

English only

- [Changing the Perception of Islam, One Conversation at a Time](#) (Moazz Elbarbry; 2019)
- [Islamophobia and the Clash of Ignorance](#) (Shafique Virani; 2016)
- [Islamophobia in the United States: Combatting Muslim Stereotypes](#) (Emily Atieh; 2018)
- [Liberal Islamophobia](#) (Idzihar Bailey; 2018)
- [Making Space for Muslim Voices](#) (Saba Fathima; 2022)
- [The Muslims You Cannot See](#) (Sahar Habib Ghazi; 2017)



PODCASTS

- [A Muslim & A Jew Go There](#)
- [Dismantling Islamophobia in Schooling](#)
- [From Where We Stand: Islamophobia and Mental Health](#)
- [MuslimMatters](#)
- [Revisiting Canada's Homegrown Islamophobia](#)
- [Voices on Islamophobia](#)
- [Your Muslim Girl Podcast](#)



INSTAGRAM ACCOUNTS

CCDI is not responsible for the content posted by any of these accounts.

- [@islamicreliefcanada](#)
- [@islamophobia.io](#)
- [@islamophobiaam](#)
- [@macnational](#)
- [@muslimadvisorycouncilcanada](#)
- [@muslimarc](#)
- [@muslimintlfilmfest](#)
- [@queermuslimnetwork](#)
- [@thequeermuslimproject](#)

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